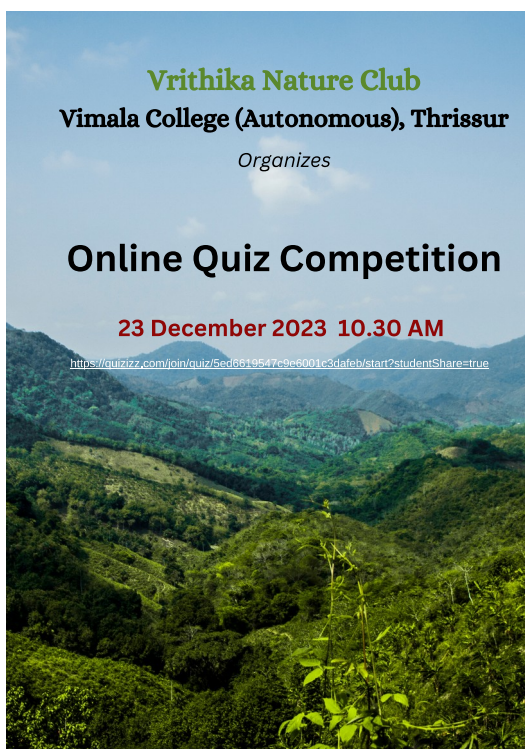


## **VRITHIKA NATURE CLUB - REPORT 2023-2024**

The nature club organized activities to instill its motto, "Conserve and Preserve nature" among the youth. Students from different departments of the college are members of the club. Throughout the academic year, the club conducted various innovative programs, both online and offline, with meticulous planning.

### **Interdepartmental Online Quiz Competition**

Vrithika Nature Club of Vimala College, Thrissur, conducted an online nature quiz competition on 23 December 2023 from 10:00 to 10:30 am. A total of 30 students from different departments participated in this competition on wildlife conservation, wetlands, and biodiversity. The initiative was successful in encouraging and raising awareness about the environment among the students.



### **Panel discussion on Climate Change**

A panel discussion was organized to raise awareness and educate students about the impacts of climate change and the importance of sustainable development in the economic, environmental, and societal dimensions. The program aimed to evaluate the various perspectives of students towards climate change. Open discussion and education are essential to achieving the necessary drastic transformation, and the program helped to improve student's understanding of what it is and how to respond to it.



**Discussion on Climate Change**



### **Campus Tour and Nature activities**

To acquaint our students with their surroundings and foster a sense of familiarity and belonging, campus tours were conducted each Semester, especially during their transitions, such as moving from high schools and hometowns to a completely new campus culture. The aim was to help them reduce stress, anxiety, and depression while improving learning outcomes in critical thinking, curiosity, and creativity. These outdoor activities encouraged students to be connected with nature and reap significant benefits from spending time outside. Furthermore, shared activities and experiences allowed students to easily connect with peers with similar interests while forming new relationships.

### **Nature-based learning**

To encourage curiosity, scientific inquiry, and a focused and systematic approach to observation, documentation, and investigation, outdoor teaching and learning were practiced. As nature provides a foundation for lifelong learning approaches and a wealth of metaphors, our students will naturally generate their own. Teaching outdoors helped students feel calmer, centered, and engaged. Many students cherish outdoor learning as their favourite time of the week because it allows them to spend time away from screens and immerse themselves in nature.



### **Observance of World Earth Hour 2023**

To spread awareness about sustainability and climate change, World Earth Hour was observed on 26th March 2023, switching off lights from 8:30 to 9:30 pm.

**Vrithika Nature Club**  
**Vimala College (Autonomous), Thrissur**

**OBSERVANCE OF**  
**WORLD EARTH HOUR**

**26th March 2023**



**Reduce our environmental impact**

Switch off your lights from 8.30 pm to 9.30 pm and save energy!!!

